

## KTP Associate Role Profile

<b>Job Title:</b>	Practitioner Psychologist (KTP Associate, Anaphylaxis UK)
<b>Business Partner / University School</b>	Anaphylaxis UK and the <b>University of Surrey's</b> School of Psychology
<b>Based at:</b>	Anaphylaxis UK, 1 Alexandra Road, Farnborough, Hampshire, GU14 6BU

### Job Summary and Purpose:

The University of Surrey in collaboration with Anaphylaxis UK, seeks a **highly motivated Practitioner Psychologist (Clinical, Health, or Counselling)** to spearhead a groundbreaking Knowledge Transfer Partnership (KTP) project that draws on new discoveries in the treatment of allergy-related anxiety to create novel forms of psychological therapy, accessible to the wider allergy community.

#### About KTP:

The Associate gains valuable expertise through on-the-job training and a dedicated professional development budget. It provides an opportunity to develop essential skills like leadership and project management. The KTP program isn't just a graduate recruitment scheme; this KTP will empower you (the Associate) to draw on and extend both clinical and research expertise, whilst also placing you at the heart of designing ambitious new forms of service delivery.

KTP projects are a powerful three-way collaboration between you (the Associate), a leading university (Knowledge Base) and a cutting-edge Business Partner (Company or Charity). This fosters knowledge sharing, innovation, and mutual learning creating a truly enriching experience.

The KTP project is a full-time, fixed term contract for 36-months. This project is co-funded by [Innovate UK](#) and the Charity. You'll be employed by the University of Surrey but will be based within the Charity, with an ecosystem to support you to deliver the KTP including key personnel from Anaphylaxis UK, and university academics.

#### A bit about Anaphylaxis UK:

**Anaphylaxis UK** is the only UK-wide charity operating solely for the growing numbers of people at risk of serious allergic reactions and anaphylaxis. For 30 years, the Charity have been empowering people with serious allergies and their families by providing evidence-based information across various sectors. Now, they're taking a bold step towards creating new systems for the delivery of community-based, psychological care.

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This KTP provides a launchpad for a thriving career in mental health services. You'll be at the forefront of innovation, tackling critical challenges in mental health and create positive impact from day one.

### Main Responsibilities/Activities

The KTP project aims to revolutionise allergy-related anxiety care. Key activities include:

- Develop and train staff to deliver a bespoke, Cognitive Behavioural Therapy (CBT)-based, digital intervention specifically designed to reduce allergy-related anxiety.
- Enhance the skills of volunteer support group leaders and helpline staff through training, consultation, and clinical leadership, as part of developing a psychologically informed environment (PIE).
- Position Anaphylaxis UK as a leader in tackling allergy-related mental health challenges, ultimately improving lives, addressing access inequalities and reducing healthcare burden.

The Associate will be responsible for (1) Creating and evaluating a bespoke digitised Cognitive Behavioural Therapy (CBT)-based tool to reduce allergy-related anxiety for use as part of a research-based intervention, (2) Establishing a programme of support groups across the UK, with trained volunteer facilitators, (3) Developing and delivering training packages for non-specialist health workers (NSHWs) to deliver CBT-based intervention for allergy-related anxiety (4) Providing clinical leadership on the development of a Psychological Informed Environment within Anaphylaxis UK

Developing you as the project manager, the Associate will have ownership of the project with an Ecosystems to support you to deliver the KTP. The Associate will play a crucial role in fostering knowledge exchange and integration between the Charity and the University of Surrey.

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### Person Specification

#### The post holder profile:

- High competency written and spoken English at a technical level (e.g. IELTS 7.0 or a degree qualification from a majority English-speaking country)
- Doctoral level trained in **Clinical, Health, or Counselling** Psychology (accredited by the British Psychological Society).
- **Professionally registered** as a Practitioner Psychologist with the Health & Care Professions Council (HCPC).
- Committed to developing Project management skills and business Acumen: strategic project management, expert consultation, clear reporting, and translating complex clinical information for diverse audiences.
- Excited by opportunity to work therapeutically and engage in research with children, young people, adults, and families.

### Relationships and Contacts

*This is not an exhaustive list of every relationship the post holder has but is a brief description of those that play an important part in the post holder successfully carrying out the role.*

As an integral member of the University of Surrey's KTP team, the Associate will collaborate closely with both university academics and the business (charity) partner Supervisor. This will involve building a project team and maintaining regular communication with the University's KTP Office. Weekly meetings (both online and on-site at Anaphylaxis UK's location) will ensure ongoing engagement with the academic team.

The role offers valuable networking opportunities with other KTP Associates. Additionally, the Associate will have the chance to interact closely with professionals from the Charity and their clients, families, and carers who may provide valuable feedback on the project's direction and progress.

#### **Internal Relationships**

- KTP Office
- Anaphylaxis UK's KTP delivery team
- Academic KTP delivery team
- Other University of Surrey Staff and Students
- Other Anaphylaxis UK Staff including support staff.
- Project Steering Committee

#### **External Relationships**

- Innovate UK Business Connect - KT Adviser.
- Other KTP Associates.
- Children, young people, adults, and families.
- Volunteers and Health Care professionals working in the allergy field.

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### Special Requirements

Based within Anaphylaxis UK, the KTP Associate:

- must be prepared to work outside normal working hours, when required.
- must be willing to undertake further studies, as approximately **10%** of their working hours should be **dedicated to training and development**.
- will be required to travel to the University of Surrey, and occasionally more widely.

### As a university employee, all KTP Associates are expected to:

- Undertake such other duties within the scope of the KTP as may be requested by their Supervisors or Line Manager.
- Positively support equality of opportunity and equity of treatment to colleagues and students in accordance with the University of Surrey Equal Opportunities policy.
- Follow the Business Partner's policies and working practices at all times to ensure that no disclosure of confidential information results from their actions.
- Follow University/School/Department policies and working practices at all times to ensure that no disclosure of confidential information results from their actions.
- Ensure they are aware of and abide by all relevant University / Business Partner / KTP regulations and policies relevant to their role.
- Help maintain a safe working environment by:
  - Attending training in Health and Safety requirements as necessary, both on appointment and as changes in duties and techniques demand
- Following local codes of safe working practices and the University of Surrey Health and Safety Policy
- Be a team-player, supportive of colleagues and always operating in a collegiate manner.

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### Addendum

This document provides additional information relating to both specific aspects of the post/faculty and any post specific person specification criteria. The information contained within this document should always be read in conjunction with the accompanying generic Role Profile.

**Job Title:**

Practitioner Psychologist (KTP Associate, Anaphylaxis UK)

### Background Information

The working hours, annual leave, and holiday entitlement are those of Anaphylaxis UK.

This is a full-time role. The standard working hours of Anaphylaxis UK are 35 hours per week. For the right candidate, flexible working patterns above 30-hours may be considered.

This role is based at Anaphylaxis UK, in Farnborough, Hampshire, but offers a hybrid approach to working that allows working from home for part of the time.

The annual leave entitlement is 26 days per annum, plus UK public holidays. The charity is closed for the 3 days between Christmas period and New Year; 3 days will need to be saved from annual leave entitlement to cover this period. The holiday year runs from 1st January to 31st December.

Potential to secure a permanent job with the Charity at the end of the KTP.

Please also see <https://www.anaphylaxis.org.uk/> and <https://www.ktp-uk.org/>

**Benefits to expect from the University of Surrey** include a generous pension, discounted membership to Surrey Sports Park, cycle-to-work scheme, season ticket loans. Access to a wide range of courses under the Learning & Development Programme; library access

**Benefits to expect from the KTP Programme** include opportunity to gain professional qualifications or a higher degree. Access to academic support and the University's facilities to help deliver the KTP project.

We particularly encourage applications from social groups underrepresented in practitioner psychology, including people with disabilities, carers, parents.

### Person Specification

This section describes the sum total of knowledge, experience & competence required by the post holder that is necessary for standard acceptable performance in carrying out this role. This is in addition to the criteria contained within the accompanying generic Role Profile.

	Essential/ Desirable
Doctoral-level training as a Practitioner Psychologist ( <b>clinical, health or counselling psychology</b> ) (accredited by the British Psychological Society) <b>and professionally registered</b> as a Practitioner Psychologist with the Health & Care Professions Council (HCPC).	E

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Experience of specialist psychological working (assessment, formulation and intervention) with a wide variety of client groups, across the whole life course, maintaining a high degree of professionalism in the face of highly emotive and distressing problems.	E
Specialist knowledge of the theory and practice of CBT with clients and their families across the life course.	E
Experience of the application of applied psychology in different cultural contexts and experience of working within a multicultural framework.	E
Commitment to empowering service users, their relatives and carers at all levels and to promote actively their involvement in all aspects of care planning and service development	E
Experience and knowledge of <b>doctoral-level research</b> (design, analysis with-SPSS/Jamovi, interpretation and dissemination), in addition to audit and service evaluation skills to enable the evaluation, monitoring and development of service operational policies and objectives of the KTP	E
Skills and experience in providing consultation and training to other professional and non-professional groups, to promote the dissemination of psychological research, theory and frameworks for effective care.	E
Ability to identify, develop and employ mechanisms of clinical governance as appropriate, to support and maintain the highest standards of clinical practice across the charity.	E
Ability to focus on the strategic issues without getting lost in the detail; translate complex clinical information for diverse audiences.	D
Knowledge and experience of the theory and practice of clinical supervision and group work with clients, families, and service staff.	D
Knowledge and experience of effective systems and processes to support reflective practice and staff wellbeing	D
Strong interpersonal skills: ability to communicate effectively, orally and in writing, highly technical, and clinically sensitive information to all levels including children, young people, adults, families, staff, volunteers, partner agencies, and other professional colleagues both within and outside the Charity.	D
<b>Special Requirements</b>	<b>Essential/ Desirable</b>
A clear understanding of the Charity where you will be based; and of the KTP program - how KTP works with business and the University, and the vital role the KTP Associate will play.	E
Ability to absorb knowledge and further develop skills during the KTP to complement those skills already in place.	E

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### KEY Responsibilities

This document is not designed to be a list of all tasks undertaken but an outline record of any faculty/post specific responsibilities (5 to 8 maximum). This should be read in conjunction with those contained within the accompanying generic Role Profile.

1. Lead and deliver an innovative project, bringing the University academics and the charity together.
2. Setting up the framework for a Psychologically Informed Environment (PIE),
3. Develop, deliver and evaluate training for support group volunteers (in group facilitation skills) and helpline staff (in delivering the CBT-based intervention).
4. Co-design, develop and pilot the digital tool for use in CBT-based intervention, including embedding human-centred design principles and obtaining ethical approval
5. Co-develop the pathway for the CBT-based intervention and systems for clinical governance.
6. Marketing and launch of digital tool.
7. Embed new knowledge in both the Business Partner and the University.

**N.B. The above list is not exhaustive.**